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"This type of training is a great opportunity to get together and learn about both of the airframes' capabilities. Training is limited, but it's a great experience"

Capt. Robert Ice F-22 pilot, 525th Expeditionary Fighter Squadron

Raptors train with Kadena F-15s

By Staff Sgt.
Jennifer Redente

36th Wing Public Affairs jennifer.redente@andersen.af.mil

Two F-22 Raptors from the 525th Expeditionary Fighter Squadron (EFS) returned to Andersen Air Force Base July 15 from Japan following training with F-15 Eagles at Kadena Air Base.

The 525th EFS, deployed to Andersen from Elmendorf Air Force Base, Alaska, as part of U.S. Pacific Command's (PACOM) Theater Security Packages in the Asia-Pacific region, was able to demonstrate the Raptor's ability to forward deploy to another location and practice defensive counter air tactics with the F-15s from the 44th Fighter Squadron at Kadena AB.

"Basically we used air assets to protect an area," said Capt. Robert Ice, 525th EFS F-22 pilot and assistant chief of mobility. "Our tasking was to protect the 'homeland' from simulated adversaries. They came to our location, but we prevented them from getting by us."

Ice said he was glad to be able to participate in the exercise with the F-15s.

"This type of training is a great opportunity to get together and learn about both of the airframes' capabilities," he said. "Training is limited, but it's a great experience to be able to show up and operate smoothly in an unfamiliar location"

The F-22 pilot said that while both aircraft are exceptional, putting the two together allows the aircraft to carry out missions more effectively.

"When we fight with F-22s and F-15s, as a team, we are more lethal," he said.

Capt. Jeff Haney, 525th EFS F-22 pilot and assistant chief of weapons, said he enjoyed the opportunity to conduct dissimilar flying as well.

This was like a normal train-



Flying High: Two F-22 Raptors (similar to the one pictured above) from the 525th Expeditionary Fighter Squadron participated in a joint training exercise with F-15 Eagles from the 44th Fighter Squadron, Kadena Air Base, Japan, July 15. The purpose of the training was to demonstrate the Raptor's ability to forward deploy to another location and practice defensive counter air tactics. (Photo by Senior Airman Christopher Bush, 36th Wing Public Affairs)

ing sortie, but with different jets," Haney said. "It was a great way to obtain realistic training with other organizations."

As the flight lead for the training, Haney said he was able to gain some experience by planning the mission.

"I definitely gained a lot from a mission planning perspective," Haney said. "I think planning the mission in another airspace was a good experience. I was able to talk with pilots from other bases and get their perspective on training." Haney said those who were in-

Haney said those who were involved all gained a better knowledge of the F-22 and F-15.

"I think being able to fly dissimilar training with different squadrons and aircraft provided the pilots a lot of experience from the training scenario," he said. "Each jet has different capabilities, and we are able to gain knowledge and experience from the scenario."

While the two 525th EFS Raptors were in Japan, the 94th EFS, deployed to Kadena Army Base from Langley Air Force Base, Va., hosted and supported the 525th EFS aircraft and personnel.

In addition to the 525th EFS being able to train with the 44th FS, two 94th EFS pilots were given the chance to train with the 525th EFS.

Both F-22 squadrons are deployed as part of the PACOM commander's Theater Security Packages in order to provide security and stability to the Asia-Pacific Region.

Memories: Vicente Mayor Gumataotao among the people who attendthe Sumay Cemetery Memorial July 20. Gumataotao like several others at the memorial, was born in the pre-World War II village of Sumay and has family buried in the cemetery. The memorial, hosted by Naval Base Guam, was one of many held on Guam to honor the men and women who died in the liberation of the island in 1944. (Photo by

Oyaol Ngirairikl, Joint



Former residents of Sumay pay respects

By Oyaol Ngirairikl

Joint Region Edge Staff oyaol.ngirairikl@fe.navy.mil

Catholic mass was held at Sumay Cemetery on U.S. Naval Base Guam July 20, one day before the island's celebration of 65 years of liberty.

Juan T. Guzman, a Santa Rita resident, who lived part of his childhood in Sumay, said the ceremony is an opportunity to pay his respects to family members buried at the old cemetery.

The visit also brings back

painful memories of the bombings that forever changed his life.

"There was a big nunu tree behind my house about 200 feet. That's where we seek shelter," Juan T. Guzman said.

For Erminia Santos Guzman who was born in Sumay just a year before World War II came to Guam, the ceremony is an opportunity to honor the mother she never knew. Guzman said she was about a year old when her mother died.

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Liberation Annual holiday parade draws thousands.

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Musical memories Navy Pacific Fleet Band rekindles memories with performances.

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Top Performer SrA Shelley Walton PAGE 3



Above: Cmdr. Michael Klepacki, center, U.S. Naval Base Guam force chaplain, and Juan T. Guzman, right, chat with chaplain Lt. j.g. James Rutan after the Sumay Cemetery Memorial July 20. Juan T. Guzman was born in the pre-World War II village of Sumay and has family buried in the cemetery. The memorial, hosted by U.S. Naval Base Guam, was one of many held on Guam to honor the men and women who died in the liberation of the island in 1944. (Photo by Oyaol Ngirairikl, Joint Region Edge)



Memorial: Josette Guzman places a candle at her grandmothers grave following the Sumay Cemetery Memorial July 20. Guzman was one among the people who attended the memorial to pay her respect to family members buried in the cemetery. (Photo by Oyaol Ngirairikl, Joint Region Edge)

SUMAY

Sumay was once a prosperous port and thriving seaside community frequented by Spanish, French, German, Japanese, English, Russian and American ships. When Japanese warplanes bombarded Guam in December 1941, Sumay was the first village attacked. The villagers fled into the nearby jungles and were never allowed to return. The village was virtually destroyed. The American military seized Sumay as part of the Naval Station which it remains today. All that remains of the original village is the Spanish occupation era cemetery. Headstones contain epitaphs in both Chamorro and Spanish. The oldest marker claims the year if birth at 1812 and year of death in the 1890's. source: http://www.guamonline.com/landmarks/landmarks.htm

Sumay: Families struggle to forgive

Continued from Page 1

Both manamko', or elderly, said they encourage their children and grandchildren to attend mass held at the cemetery each year around liberation day and All Souls' day. Both said they feel the ceremonies offer an opportunity for their children and grandchildren to learn their family and cultural history.

Josette Guzman, who attended the memorial with her uncle, said this was her first visit to the ceme-

"I've always wanted to come visit but couldn't and this year I made it a point to make sure I could come today and I'm glad," she said. "I know of the people in my family that are buried here but coming here and listening to my uncle and other people talk about our family that's here makes me appreciate my family history

Vicente Duenas reminisced of Father Fabio Faiola of our Lady the time before the war.

"I lived near the old church. All that's left of it is the cross in the field now," he said. "Seeing it is hard, because so much changed because of the war. So many people died and there was so much hunger and suffering. I'm just glad I'm alive, but I get so sad thinking of the people who aren't with me

Érminia Santos Guzman said

of Guadalupe Church in Santa Rita, who led Mass, talked about forgiveness and how it brings peace.

During the service, Faiola talked about the massacres that World War II wrought in Italy, and the treatment civilians received when they refused to cooperate with Nazi solders.

They brought them to a cave to shoot each one of them, Boom, boom, boom, ls it possible to forgive that?" Faiola asked. 'Yes, it is possible. It's necessary.'

Erminia Santos Guzman agreed, adding that while it had been difficult, she has found peace after many years of anger and con-

"When I was very young, I don't know what to say, whether it's peace or hate. As I started getting older, I told myself, it is not right to hate people," she said. "I make peace with it, with myself."

FFSC aims to help first-time home buyers

By James Fee

Joint Region Edge Staff

Purchasing a home for the first time can be a daunting task.

Leading up to the door of a new home is often a tortuous path of complex procedures.

The Fleet and Family Support Center (FFSC) is offering its annual "Keys to Home Ownership" seminar on August 4 to help prospective homeowners navigate that path.

"We want them to find the right mortgage, understand the closing process, and what's necessary for ensuring their new home," said Pilar Pangelinan, personal finance management educator for the FF-

Guest speakers from Veteran's Affairs and representatives from the real estate and banking industries will be on hand at the course to guide attendees through that

mortgage process and such topics as how to apply for a VA loan, how to find a good realtor, and how to choose the right house in the right

About FFSC

Fleet and Family Support Centers (FFSC) assist leadership in achieving mission readiness by providing service members and their families with a wide range of support services.

Through education classes and individual assistance, FFSC provides deployment support, relocation assistance, information and referral services, ombudsmen support, life skills education, transition assistance, sexual assault victim intervention services, personal financial management, family employment readiness support, new parent support, family advocacy services, and clinical coun-

For More Info

FFSC's Main office is NBG Bldg 106. Counseling/FAP services are provided out of NBG Bldg. 104. Office hours are Monday-Friday, 0730-1630. Some classes/workshops are offered after normal working hours. For more information, call (671) 333-2056/57.

All-Star event offers night of fine wine, food, friends

By Oyaol Ngirairikl

Joint Region Edge Staff

Pair your favorite wine with your favorite local foods at the All Star Team International Wine

The event, which takes place 6-9 p.m. Aug. 1 at Top O' the Mar, aims to provide the community with an elegant evening of fine wine, great food and music.

'We want people to come and enjoy a night where they can socialize with others, enjoy good food and wine, and live music,"

tertainment coordinator for Navy (MWR).

Esteves said the wine event will feature local dishes including tinala katne or dried beef, roast pig, kadon pika or spicy chicken stew, and other favorite dishes usually found at fiestas and some barbecues.

Elegance

'We wanted to give people a taste of the island in a more elegant setting," Esteves said. "I

said Tina Esteves, events and enhope everyone comes out and enriety of events for the communijoys the evening with us, but we'd ty, including the Grill Off compe-Morale, Welfare and Recreation also like to remind everyone to tition and the upcoming Back-toenjoy the event responsibly, and plan their evening wisely. We're providing free shuttle service to help make planning a little easi-

> The shuttle will leave the bus stop in front of Typhoonz at 5:30 p.m. and the return trip is 9 p.m.

> The All Star Team is made up of the Defense Commissary Agency (DeCA), Fleet and Family Readiness (FFRP), Navy Exchange (NEX) and MWR. Together the team has offered a va

School Fashion Show.

"Our goal is to bring people in our community together, help them to get to know each other and for us to get to know them better so we can better serve them," said Esteves, adding that a tight-knit community is needed especially for military families.

'We want our Sailors and service members to know that when they're away on training or deployment, their family has the support of the All Star Team."

If You Go

O' the Mar

- What: All Star International Wine Tour
- Where: Top O' the Mar
- When: Aug. 1, 6-9 p.m.
- Age: Must be 21 to attend ■ Cost: \$20 includes a souvenir wine glass and appetizers. Tickets are available at Navy Morale Welfare and

Recreation main office and Top

For More info, call 564-1830

Job Announcements Commander, Navy Region Marianas

- Management Analyst, open continuously
- Program Assistant, Open Continuously
- Protocol Specialist, Open continuously

NAVFAC Marianas, Guam

• Supvy Interdisciplinary Engineer, Open Continuously

Individuals interested can view the vacancy listings at:

https://www.cnic.navy.mil/ Marianas/index.htm

Vendors sought for September air show

Andersen Air Force Base will host an Air Show on Sept. 30, 2009. Organizations that would like to have a vendor booth or fundraising activities should contact Marie Fejerang at 366-2246 or marie.fejerang@andersen.af.mil to receive the request form and application. The deadline for requests is Aug. 3.

Water quality report available online

The 2008 Water Quality Report has been approved for annual dissemination. If you would like to learn more about Naval Base Guam's drinking water, the 2008 U.S. Navy Water System Water Quality Report is now available online at http://cnic.navy.mil/Marian as/index.htm.

Update DEERS as soon as changes occur

It is important to update your Defense Enrollment Eligibility Reporting System (DEERS) information whenever changes occur. If your family status changes from a marriage, divorce, new child, adoption, address change, or new telephone number, you need to get the change registered. DEERS is the key to receiving TRICARE benefits. Sponsors and eligible family members must be registered correctly in DEERS when the Military Treatment Facilities (MTF), and/or pharmacy staff verify eligibility for services or filling prescriptions. To update or verify DEERS information, visit your uniformed services ID card facility or make changes online at http://www.tricare.mil/DEER S or fax your changes to DEERS at 1-831-655-8317 If you need assistance or have questions about maintaining TRICARE eligibility and DEERS contact your local TRICARE Service Center.



Memories: The Pacific Fleet Band performs in the Plaza de Espana in Agana, Guam on July 25. Their tour on Guam, July 22-26, marked the first time the U.S. Pacific Fleet Band has played out in the civilian community on Guam in more than a decade. The band's final performance at the plaza allowed them to reforge old ties on an island that fell under Navy leadership for more than four decades. (Photos by James Fee, Joint Region Edge)

Navy band resonates with history

By James Fee

Joint Region Edge Staff

Toward evening, July 25, a once familiar sound returned to Hagåtña, emanating from the Gazebo band stand, wafting through the flame trees and over the ruins of the Plaza de España, and carrying across several generations.

That sound was the music of the Pacific Fleet Band at the culmination and conclusion of its Liberation week tour of Guam. That tour had marked the first time the U.S. Pacific Fleet Band has played out in the civilian community on Guam.

U.S. naval bands support maritime strategy by reaching out to the community outside base gates, going to the places where the Navy usually cannot, said Chief Musician Dereck Werner, of the Pacific Fleet Band, which is under the operational control of the Commander, United States Pacific Fleet. But the fact that the Pacific Fleet Band had not been on Guam for more than a decade added a new goal to that mission.

"We just want them to know that we haven't forgotten about them," said Werner, speaking of the people of Guam. "We're still here. A lot of the older crowd still remembers the band being here since World War II days. We're reforging these relationships."

Beginning July 22, and making up for lost time, the Pacific Fleet Band played two or three shows a day. Performing an eclectic set of Big Band, jazz, rock and funk music as a whole unit or breaking down into smaller units and narrowing the selection, the band played in every shopping mall on the island, on the Paseo stage in Chamorro village, in a nursing home, in a youth correctional facility, in Guam Memorial Hospital, among other venues.

The Pacific Fleet Band's performance in the Plaza de España was where their mission on Guam to reforge old ties was, perhaps, most fully realized.

From around 1903 to 1941, naval bands composed of Chamorros would play in the Plaza de Espana



on a regular basis.

In attendance at that show was the sole surviving member of a naval band from that era, Francisco Pangelinan Cruz, who played trumpet in the naval band from 1938 to 1941.

"They had calisthenics in the schools all around here. And they (the students) would march out before 8 o'clock. We'd play colors and then four pieces after the calisthenics," said Cruz. "Then we'd play a concert in the evening every weekday."

Francisco Indalecio — one of the students whose formative years were soundtracked by the music of Cruz's navy band — was also in the audience on Saturday.

"Before our home was just behind the Agana precinct now. So in the evening my parents would take me here to listen to the concert.," said Indalecio, who now sings in a choir that is accompanied by the 90-year old Cruz on organ and who refers to Cruz as a "music icon" on Guam. "So it does bring back memories."

Werner appreciated the historical echoes of that Saturday performance, as well.

"You're seeing the whole thing full circle," he said. "You're seeing the guys that were actually here to those of us who took up the mantle and those of us who are like our guitar player who's just beginning, who is just learning about not only music but the tradition the Navy has had in the Pacific. So it's just so rewarding. It's far beyond music."

Left: The Pacific Fleet Band performs at U.S. Naval Hospital Guam on July 24.

Below: A singer with the Pacific Fleet Band sings to an audience member during their performance in the Plaza de Espana in Hagåtña, Guam on July 25. From 1903-1941, naval bands composed of Chamorros, the local people of the island, would play in the plaza on a regular basis.





Mesmerizing: The Pacific Fleet Band performs at the Agana Shopping Center on July 23. Under operational control of the Commander, United States Pacific Fleet, the Pacific Fleet Band provides musical support for official ceremonies and functions of that fleet's afloat and shore commands. It also supports musical services which reinforce recruiting efforts and community relations.

Goal-oriented Airman stands above rest

By Senior Airman **Shane Dunaway**

36th Wing Public Affairs timothy.dunaway@andersen.af.mi

Watching her husband and his journey through the military gave Senior Airman Shelley Walton, 36th Force Support Squadron (FSS) force management technician, a goal to aim toward.

Two years after enlisting, Walton has a firm grip on her goals, and for that, she was selected by Master Sgt. Kelly Halferty, 36th FSS and 36th Security Forces Squadron (SFS) first sergeant, as a 'Top Performer.'

Walton, a native of Koror, Palau, enlisted in the Air Force May 8,

"I wanted to join the Air Force because I like the discipline that it has, and of course for college and to travel," Walton said. "I wanted to do something for myself.'

In her day-to-day job, Airman Walton handles enlisted and officer performance report evaluations. She is also active as a member of the base honor guard, Air Force Sergeants Association and other base

organizations.

Whatever time I have free after that, I try to help the First Four as well, but not as often as I would like to," Walton said.

Walton also makes an effort to squeeze education into her busy schedule.

"So far, I've taken six classes toward my (Community College of the Air Force) degree," she said. Though she hasn't quite made a

decision on what type of degree she wants to pursue, Walton has set her sights on several short-term goals for the fu-

"I want to get my CCAF (degree) before I'm eligible to go to (Airman Leadership School)," Airman Walton said. "I (also) want to make (staff sergeant) my first time because I am testing next year."

Walton's hard work on and off duty doesn't go unnoticed by her peers or superiors.

"Airman Walton sets the example for her peers here in the (military personnel flight) as well as on base, said Master Sgt. Michelle Kern, 36th FSS force management superintendent. "She is an outstanding Airman and definitely deserving of this recognition for her professionalism,



Above and Beyond: Senior Airman Shelley Walton, 36th Force Support Squadron (FSS) force management technician, discusses the enlisted performance report evaluation process with Tech. Sgt. Christopher Hummel, 36th FSS noncommissioned officer in charge of career development, on Andersen Air Force Base July 22. (Photo by Senior Airman Shane Dunaway, 36th Wing Public Affairs)

her dedication and commitment to her job and her willingness to excel." Being noticed for raising the bar

By Master Sgt.

William Bower

Squadron

ter July 17.

master sergeant.

644th Combat Communications

Thirty-seven Airmen from

Andersen, to include several

deployed from Barksdale Air

Force Base (AFB), La., and El-

mendorf AFB, Alaska, were

inducted into the senior non-

commissioned officer corps in

the ballroom of the Palm Tree Golf Course Convention Cen-

The annual ceremony recognizes technical sergeants that

have displayed the potential for assuming the next higher en-

listed grade and whom have

earned the right to be called

the 644th Combat Communi-

cations Squadron, and Dennis Nelson, 36th Civil Engineer

Squadron, chairpersons of the

Master Sgts. Ryan Speck of

within her unit is something Walton said she appreciates. "It feels great!" she said. "This is

37 Airmen inducted

a job I'm doing (well) that I'm getting paid to do and (my efforts) are



Guzman retires after 30 years

Left: Maj. Gen. Donald J. Goldhom, adjutant general for the Guam National Guard, pins the Meritorious Service Medal on 1st Sgt. Gene Guzman, recognizing him for 30 years of service dur-

Below: 1st Sgt. Gene Guzman, center, leads the Guam National Guard convoy during the Liberation Day July 21. Guzman retired on Liberation Day after 30 years of service to the nation. (Photos by Capt. Ken Ola, Guam Army National Guard)



ing the Liberation Day parade July 21.



17-member ceremonial planning committee, said they have

Rear Adm. Douglass T. Biesel, USN, Commander, Joint Region Marianas

or reject material submitted for publication.

Brig. Gen. Phil Ruhlman, USAF Deputy Commander, Joint Region Marianas

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The event began with the introduction of the inductees and their guests as they walked

in senior NCO corps

this time-honored tradition and

help make a positive impact on

the new leaders of tomorrow.

through a saber arch. The guest observed the singing of the National Anthem and the Guam Hymn and the posting of the colors by the base honor guard. Capt. David

Leonard, chaplain for Ander-

sen, conducted the invocation. The inductees, along with the audience, were enlightened by the powerful words of wisdom from the guest speaker Senior Master Sgt. Gregory Stone, 36th Mobility Response Squadron superintendent.

He spoke in regards to leadership under fire, and how in a moment's notice, all leaders must be ready to execute precise and effective leadership to ensure mission accomplishment, regardless of their environment.

Afterw

Sgt. Anthony Wheeler, 36th Communications Squadron, Senior Master Sgt. Raymond Sprague, 644th CBCS, and Master Sgt. Cedric Barron, 36th Maintenance Squadron, held a candle-lighting ceremo-

As the ceremony neared completion, Brig. Gen. Phil Ruhlman, 36th Wing commander, addressed the masses. as he highlighted how the island of Guam was liberated from the Japanese in the 1940's and the highest ranking enlisted member managing airfield operations at that time was a master sergeant. He further emphasized the important role master sergeants play in today's Air Force and challenged all new promotees to live up to that standard.

The event concluded with the singing of the Air Force song and a "Thank You" to all who helped plan the evening's event.

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Seabees Pave Way: U.S Naval Mobile Construction Battalion (NMCB) 40 Seabees march down Marine Corps Drive on Guam during the 65th Liberation Day parade July 21. The nearly five-hour event is part of the annual celebration of the island's liberation from Japanese military forces that had captured Guam in 1941. World War II set the stage for the birth of NMCB 40 - the ensuing island hopping from one Pacific theater combat zone to another earned the battalion its title, "Fighting FORTY." (Photo by Oyaol Ngirairikl, Joint Region Edge)

Keeping Crime at Bay: Staff Sgt. Kareem Morton and Crime Stopper McGruff, both from the 36th Security Forces Squadron, acknowledge the crowd during the 65th annual Liberation Day parade in Hagatna, Guam, July 21. The annual event brings the community together to celebrate the Chamorros freedom from the Japanese occupation in 1944 and to share gratitude towards the brave servicemen who fought for that freedom. (Photo by Airman 1st Class Courtney Witt, 36th Wing Public Affairs)





Liberators: Marines who helped liberate Guam from Japanese Imperial Forces in World War II participate in the 65th Liberation Day parade held July 21 along Marine Corps Drive. Thousands of military and island residents gathered for the annual event to honor the lives of men and women, civilian and uniformed, who died in the World War II battle for Guam. (Photo by Oyaol Ngirairikl, Joint Region Edge)

Right: Hospital Corpsman 2nd Class (SW) Heath Wilhoit of U.S. Naval Hospital Guam carry gifts to dignitaries during the 65th Liberation Day parade July 21. Wilhoit rode on the Yona float with village residents, helping to celebrate the island's liberation from Japanese military forces. The parade drew thousands of island and military residents who lined Marine Corps Drive to cheer on marching military units, village floats and community organizations. (Photo by Oyaol Ngirairikl, Joint Region Edge)



Hospital builds float for parade

By Oyaol Ngirairikl Joint Region Edge Staff oyaol.ngirairikl@fe.navy.mil

For U.S. Naval Hospital Guam Sailors and civilians, Guam's 65th Liberation Day parade is one to remember.

Naval Hospital members built a float, using the knowledge and wisdom of civilian personnel who grew up with Liberation Day parades, and the hard work and ingenuity of Sailors new to the experience.

"It was a lot of fun and really ed-ucational," said Hospitalman 2nd Class (FMF) Justin Rains who has been on Guam for about five months. "Before coming to Guam I didn't even know about Liberation Day, I had very little knowledge of the World War II battles fought here."

The Liberation Day parade is a celebration of the landing of U.S.military forces July 21, 1944, which was the start of the end of Japanese Imperial Army's occupation.

Though Naval Hospital was set up shortly after the re-taking of the island, Naval Hospital Guam has a longer history with the island. It was 1899, not long after the Spanish American War, when Surgeon Philip Leach helped set up Naval Hospital in Hagåtña. Today, Naval Hospital supports the community, not just from within the hospital rooms, staff members contribute thousands of community service hours on projects such as school clean-up, work with Guam Animals in Need and countless other organizations.

Naval Hospital received top honors in the 2008 Navy Environmental Stewardship Flagship Award for large, shore-based commands. Most notable among it's achievements is the nursing mentorship that is provided for seniors of the University of Guam nursing program.

But for the last few weeks, it was the Sailors who were the students. For about a week prior to the Liberation Day parade, Rains and fellow Sailors trekked through the jungles of Guam, in search of the bamboo, birds of paradise and other flora and fauna that was used to decorate the float.

Several Sailors and civilians marched alongside their float, with the words history, legacy and forgiveness in red, white and blue letters, reflecting this year's theme for the parade, "We Are Guam ... A Legacy of Our Ancestors.'

Hospitalman 2nd Class Sharon Pante said the goal of the float was to build something that represented the island's military tradition, Naval Hospital Guam's dedication to keep ing the men and women of the Armed Forces healthy and mission ready, and the continued work towards a peaceful future.

"With the guidance of our civilian employees, who have a lot of experience with the floats and with island culture and tradition, we were able to build a float that tied together our mission today, our ties to Guam as a military command," Pante said. "We're so excited to be here and to be able to present who we are to the community."

NMC helps makes Agat float reality

By James Fee

Joint Region Edge Staff

Agat's Liberation Day parade float was an elaborate representation of the village. The foundation was shaped as a latte stone. It was walled all around with bamboo. It featured a replica of Agat's Spanish Bridge made from tangantangan leaves, a waterfall that spilled from a slot in the seal of Guam, a Royal Court of the Mango Festival and Agat's village flower, the yellow hibiscus.

But this float, which won third place in the parade, would not have been so complete, were it not for the efforts on July 17 of the Navy Munitions Command East Asian Division Detachment Guam—Quick Response Team (NMC).

Earlier this year, NMC arranged to become Agat's "sister city" with the Mayor of Agat, Carol S. Tayama. Since that time, it has participated in village beautification efforts and has helped set and clean up Agat's annual mango festival.

"Helping out Agat, our sister village, uplifts the work morale as well as enhancing relations between the military and the Guam community," said Chief Gunner's Mate (SW)William Adams.

For the parade float, Adams and five other members of NMC volunteered: Chief Fire Controlman(SW) Manny Aquino, Aviation Ordnanceman1st Class (AW) Richard Petty, Aviation Ordnanceman 2nd Class(AW) Jason Bare, Gunner's Mate 2nd Class Jordan Simmons, and Gunner's Mate Seaman Camille Perez.

"They went ino the jungle with my staff and cut the bamboo and tangantangan and brought them in," Tayama said, "and they cut them up and put them on the float."

The volunteers also helped make the signs for the float, one of which spelled the words "We are Guam 2009" in seeds.

In the coming months, Tayama said she hopes to enlist vounteers from NMC for a host of other community projects.

munity projects.

"We've been very fortunate that whenever we contact the office, they've been very supportive. They will send 10, 20 people down here," said Tayama. "And they are a big help. On behalf of the people of Agat, I want to thank the munitions for all the support that they've been providing us."



At the Parade: From left. Mai. Gen. Donald J. Goldhorn, Adjutant General; Medeleine Z. Bordallo, Congresswoman for Guam; Rear Adm. Douglass Biesel; Region Marianas commander; Brig. Gen. Phil Ruhlman, 36th Wing commander; and Col. Paul Brier, United States Marine Corps Liaison, take time for a photo opportunity at the 65th annual Liberation Day parade in Hagatna, Guam, July 21. (Photo by Airman 1st Class Courtney Witt, 36th Wing Public Affairs)

Veteran Honor: Vietnam veterans ride mounted patrol on their float honoring their fallen brothers during Liberation Day in Hagatna, Guam, July 21. The award-winning float was one of many excellent floats participating in Guam's 65th annual Liberation Day parade. (Photo by Tech. Sgt. Michael Boquette, 36th Wing Public Affairs)





Presents for Kids: John Blas, U.S.Coast Guard Auxiliary Guam Flotilla member, hands out treats to children watching the Liberation Day Parade July 21, 2009. (Photo by Tech. Sgt. Brian Bahret, 36th Wing Public Affairs).

CSS 15 joins sister village in parade

By Lt. Gregg Parker

COMSUBRON 15 Public Affairs

Submarine Squadron Fifteen Sailors and residents of Inarajan, the squadron's sister-village, joined together to celebrate the 65th anniversary of the liberation of Guam on July 21.

The Sailors and people of Inarajan worked together to prepare Squadron's popular submarine floa

Lt. Caluag, Officer in Charge of the Submarine Learning Center, took command of the float and expertly guided it along the parade route. "What an experience. The people of Guam really know how to throw a celebration," he said.

As always, float riders distributed barrels full of candy to the children along the parade route.

Yeoman 1st Class Markus

Howard was one of the riders who distributed candy. "The kids always get excited when they see our submarine coming because they know we have candy."

"Our float has always been popular, but even more so this year," said Lt. Phil Caswell, Squadron Fifteen's communications officer.

"Our team put a lot of hard work into the design and construction of our float this year. I believe it was one of the best in the parade," said Master Chief Kenneth Clements, Command Master Chief Squadron Fifteen.

Squadron Fifteen participates in numerous activities with Inarajan, including cleanup events, community restoration projects, and participation in educational activities at local schools.

"Celebrating Liberation Day with the citizens of Guam is a hum-

bling experience. Many of the individuals we were celebrating with actually lived through the occupation and personally saw our Marines storm the beaches and liberate Guam," said Commodore Doug Wright. "We have a shared history that unites us in our service to Guam and its citizens. I look forward to continuing to work together with the people of Inarajan in the future."

Be wary; unexploded ordnance still lurk beneath

By Oyaol Ngirairikl

Joint Region Edge Staff oyaol.ngirairikl@fe.navy.mil

Often times, people hiking along a trail, kids playing at the beach, or construction personnel digging holes and trenches will find something interesting – but sometimes those interesting little finds can be dangerous.

Safety officials want to remind people that hundreds of unexploded ordnance are found each year, and if an item looks anything at all like unexploded ordnance, the first step to take is call safety officials.

On Guam, Explosive Ordnance Disposal (EOD) Detachment Marianas is often called upon when anyone finds what they think is a bomb.

"We average two-three emergency responses a week," said Lt. Erich L. Jurges, officer in charge, EOD Det. Marianas. "Det. Marianas has responded over 70 times and disposed of over 3,500 pounds of

Jan. 1 in Commonwealth of Northern Marianas Islands and Guam." One example of large jobs that EOD Det. Marianas was involved in was a detonation opera-

new ordnance since

tion in Saipan that is expected to continue in August. Contractors in Saipan found a large amount of unexploded ordnance while clearing a site for a homestead.

Several times this year, EOD Det. Marianas personnel have assisted in appropriately disposing ordnance that was found.

On June 25, they worked alongside Saipan officials to dispose of more than 1,000 pounds of unexploded ordnance – and that's only a portion of what they do throughout the islands in Micronesia, which were the sites of heavy World War II bombing.

Jurges said incidents to which

they've responded included everything from construction sites to kids finding ordnance by the beach.

"We average 2-3 emergency responses per week," he said.

Jurges reiterated that if residents or any of their guests find what they believe is an unexploded device to call Guam Police Department or Naval Base Guam Security Department.

"When in doubt, call 911. Tell them what you found, leave the item alone and wait for us to get there," he said.

Leadership signs pact to preserve environment

By Oyaol Ngirairikl

Joint Region Edge Staff oyaol.ngirairikl@fe.navy.mil

Even as Sailors and their families join the local community to pick up trash along beaches and hiking trails, and participate in other efforts to keep the island beautiful, Navy leaders are making the same commitment.

The Environmental Policy for the Environmental Management System (EMS) illustrates that the Navy community, from the top leadership, is committed to being good stewards of the natural environment, said Troy Imamura, U.S. Naval Facilities Engineering Command (NAVFAC) Marianas EMS management representative.

"The environmental management policy conveys the Region's commitment to protecting and preserving our natural resources, while fulfilling the critical mission to support the Fleet," Imamura said. "The policy has been designed to improve environmental compliance, promote environmental protection, while enhancing efficiencies in how we use government resources."

EMS is a method used to ensure continual improvement in environmental compliance and pollution prevention.

Imamura said many EMS elements are already in place, such as Navy environmental guiding documents that provide guidelines and framework to support and establish environmental programs, and internal assessment and audits to help ensure that the policies are in place are followed, among others.

The EMS will support the mission by reducing risk and improving the environmental compliance position, effect better utilization of government resources, and promote environmental protection.

Whom to Call

For more information about the Environmental Policy for the Environmental Management System contact Troy Imamura, EMS management representative, at 339-8181.

COLA for Guam to increase

For Joint Region Edge

On Aug. 1, 2009, the military Cost of Living Allowance, or CO-LA, is scheduled to increase due to the annual Retail Price Schedule survey results.

This survey measures the costs associated with a typical "market basket" of goods and services members of the military purchase. This year's results showed the cost to purchase this "market basket" on Guam increased compared to equivalent purchases in

the continental United States.

Increase Varies

The new rates correspond to between \$14 and \$90 additional in a service member's monthly paycheck

The increase varies depending upon one's living quarters and spendable income, which is determined by pay grade, years in service, and number of dependents

For exact rates, visit the following website:http://www.de-

fensetravel.dod.mil/perdiem/ocform.html. Service members will see the increase in the August mid-month paycheck on Aug. 15.

COLA is a non-taxable allowance intended to equalize purchasing power of members stationed overseas and their counterparts based in the continental United States.

Costs Assessed

Rates are reviewed on a regular basis by the Military Advisory Panel (MAP) of the Depart-

ment of Defense Per Diem, Travel, and Transportation Allowance Committee.

The MAP uses data collected at overseas locations regarding service members' shopping habits and the prices for goods and services in the geographic area.

This information is compared to similar information collected from service members in the continental United States. Higher costs at the overseas location will result in a COLA paid to the member.

Briefings to provide insight into policy

36th Wing Public Affairs

An Air Force Personnel Center (AFPC) "Spread the Word" briefing team arrives at Andersen Air Force Base Aug. 3 to provide insight into AFPC policy and personnel issues for Airmen and civilians.

Two All Call briefings are scheduled for Aug. 3 at the base theater at 8:30 a.m. and 2 p.m. All Airmen and civilians are encouraged to attend.

"One of the Air Force's top priorities is to develop and care for our Air Force people, and we want to hear from you about what works and what we can improve," said Maj. Gen. K.C. McClain, AFPC commander. "Our AFPC teams look forward to sharing useful information with you and receiving feedback on what's important to you."

The briefings provide information on personnel issues and delivery transformation, as well as allow all Air Force members direct, faceto-face contact with AFPC personnel to address concerns and provide feedback.

Everyone has at least one type of personnel question, whether it be about an assignment, career, enlisted performance reports or officer performance reports, promotion testing or any other issue that needs to be resolved, said Capt. Brian Burnham, 36th Force Support Squadron (FSS) operations officer.

Most questions can be answered by the FSS, but the briefing team can provide deeper insight on any specific questions Airmen or civilians may have.

Specific topics covered in the Spread the Word briefings will include, among others, 365-day deployment options, the Global AEF tempo-banding system, civilian hiring procedures, and assignment processes.

The teams also include military and civilian assignments experts, as well as deployment experts, who will be available for questions after each Spread the Word briefing session.

Burnham urges all Airmen and civilians to take advantage of this unique opportunity to make their voice heard.

"Your career is your responsibility," Burnham said. "Whether it's making it to a (promotion test) on time or finding out where your next job is going to be, it's your responsibility to make sure your records are straight. We're here to help you, but ultimately, it's (up to you) to make sure your career stays on track."

For More Info

For more information, contact Capt. Brian Burnham at 366-1075.

Two All Call briefings are scheduled for Aug. 3 at the base theater at 8:30 a.m. and 2 p.m.

721st Army Band makes its debut

© By Capt. Ken Ola ≥ U.S. Army National Guard kenneth.ola@ng.army.mil

It was almost a weeklong inaugural of sorts for the Guam Army National Guard's newest unit, the 721st Army Band, as it held a band clinic, performances and marched in a parade.

The fledgling 721st Army Band, along with about 25 members of the 111th Army Band from the Hawaii National Guard, started ing a band clinic for young, aspiring musicians of Thing Liberation Day festivities by holding musicians on July 18 at the Guard's Readiness Center in Barrigada.

The following day, the bands performed at the Guam Premier Outlets to the enjoyment of more than 200 residents and tourists who stopped and took the time to lis-

The same happened on Sunday afternoon at the Micronesia Mall center court where the bands played a variety of musical pieces, this time surrounded by a slightly larger crowd.

On Liberation Day, the 721st and 111th led the Guam National Guard Soldiers and Airmen as they marched along the 1.5 mile portion of Marine Corps Drive, as part of the annual parade. The group was loudly cheered as it played its way through the parade route.

The 721st Army Band is in its first year of existence and continues to look for new recruits.

Currently, there are 13 members in the band, nine of whom played together with the 111th Army Band during their performances. Other members of the 721st are currently going through their required

The 111th Army Band was on Guam to support the 721st in these activities as part of the annual train-

Off island training such as this is especially helpful for the 111th Army Band in assessing some of its training requirements. The unit returned to Hawaii on Wednesday.



Debut: The combined 721st Army Band, Guam Army National Guard and the 111th Army Band, Hawaii Army National Guard pass the grandstand during the Liberation Day Parade July 21. The day marks the first time for the fledgling 721st to perform in a parade. The unit, established only several months ago, is the newest in the Guam Guard. (Photos by Capt. Ken Ola, U.S. Army National Guard)





Above: The 721st Army Band (Guam Army National Guard) and 111th AB (Hawaii Army National Guard) held a band clinic July 19 for aspiring musicians recently.

Top Right: Sgt. Max Ronquillo conducts the combined 721st Army Band (Guam Army National Guard) and 111th Army Band (Hawaii Army National Guard) during a concert July 19 at Center Court of the Micronesia Mall in Dededo.

"We're going to have a lot of fun. There's going to be a lot of safety information provided to help make sure that when we're out on the roads, we're helping to make the roads a safer place for ourselves and others on the road."

Jeffery Brown safety specialist, U.S. Naval Base Guam safety office

Rodeo offers safety basics for cyclists

By Oyaol Ngirairikl

Joint Region Edge Staff oyaol.ngirairikl@fe.navy.mil

Motorcycle enthusiasts have a chance to brush up on safety skills and learn from others at the Joint Region Marianas Motorcycle Safety Rodeo July 31 at Big Screen Theater on U.S. Naval Base Guam.

"In addition to safety refresher training, the rodeo is an opportunity for experienced riders to mentor inexperienced riders and gives all riders an avenue for networking," said Jeffrey Brown, safety specialist. "It's also a chance to share different operating techniques because like many other places, Guam has conditions that make driving here different."

Brown said drivers on Guam have to be particularly aware of tourists, who are not accustomed to driving requirements and conditions on Guam, and the coral based roads

"A coral based spot on the road doesn't have to be wet, if you hit a coral based spot on the road, it'll feel like a patch of ice. They can create very hazardous conditions," he said. And though many of Guam's roads have been resurfaced, there are still areas, such as the intersection of Cross Island Road and Route 3 in Talofofo.

"Being on a motorcycle, you have to be more aware of conditions and areas like that because you have less traction patch than a

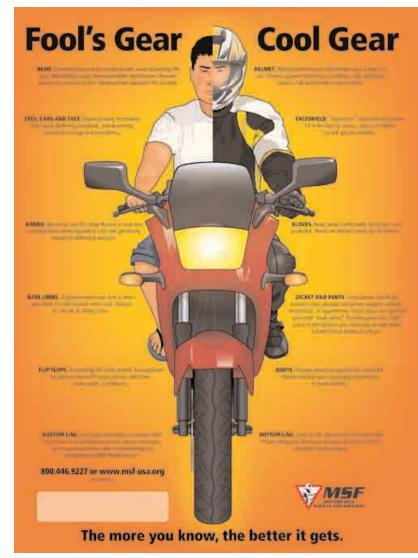
four-wheeled vehicle, and the chances of sliding are increased," he said. "That's one of the opportunities of participating in the rodeo, motorcyclists who've been here a while can share their experiences and help relatively new riders avoid accidents."

Also, as part of the Rodeo, the Regional Safety Office and U. S Naval Base Guam will unveil the Honda SMARTrainers. The purpose of the SMARTrainers is to create a virtual environment for operators to test and measure their skills

Safety documents also note that the SMARTrainers, of which three will be available at the rodeo, will engage students to evaluate and address traffic hazards leading the students to apply risk-management and crash- avoidance strategies.

At the end of each run, a printed performance summary and lessons learned provides operators with additional hazard avoidance techniques and street awareness necessary to operate their vehicles safely on the road.

"We're going to have a lot of fun, there's going to be a lot of safety information provided to help make sure that when we're out on the roads, we're helping to make the roads a safer place for ourselves and others on the road," Brown said. "I hope to see everyone there"



If You Go

- WHAT: 1st Joint Region Motorcycle Safety Rodeo
- WHEN: July 31, 8 a.m.-1 p.m.
- WHERE: Big Screen Theater, Naval Base
- COST: Free
- INFO: 339-5179
- BRING: Bring twowheeled motorized vehicles and proper personal protective equipment

Personal Protective Equipment

- Helmet that meets Department of Transportation or SNELL Memorial Foundation approval.
- Long sleeve outer upper garment, white or brightly colored
- Long sturdy pants
- Full fingered gloves
- Sturdy over the ankle footwear, no athletic shoes



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"I love that I have a vast opportunity to learn many different aspects of my job. You always have the opportunity to learn in radiology."

Sgt. Faith Chargualaf diagnostic imaging technologist, 36th Medical Group

Radiology unit opens door to opportunities

By Airman 1st Class Courtney Witt

36th Wing Public Affairs courtney.witt@andersen.af.mil

The radiology unit with Andersen Air Force Base is small, but more than capable of handling

work loads open to larger units. The unit handles the services for about 15 patients per day, conducting routine radiographs. The services also include chest and all extremity X-rays.

The three radiology techs working within the unit send the graphs digitally down to Navy Hospital for analysis. The results are then given to the patient's primary care manager or doctor.

"We are a small clinic here," said Staff Sgt. Aisha Toston, 36th

Medical Group noncommissioned officer in charge of radiology. "If we were in a larger Air Force hospital, we would support surgeries by using equipment such as the computerized radiology machine and a fluoroscopic X-ray where doctors can see different aspects of the body live."

Civilian Sector Jobs

Toston adds that pursuing a job in radiology is a good career move especially in the civilian sector.

She said Airmen within the Radiology community can move between modalities such as ultrasound, magnetic resonance imaging and nuclear medicine which helps keep Airmen from becoming stagnant within their career

To become a radiology technologist within the Air Force, Airmen must complete two phases.

Phase one is located at Sheppard Air Force Base, Texas, where Airmen must complete the 14 week basic course where Airmen learn about the anatomy of the human body.

Hands-on Training

Phase two consists of on-thejob training for nine and a half months at their first duty station

where they receive hands-on training with real patients.

"I love that I have a vast opportunity to learn many different aspects of my job," said Staff Sgt. Faith Chargualaf, 36th Medical Group diagnostic imaging technologist. "You always have the opportunity to learn in radiolo-

Chargualaf has received invaluable experiences throughout her career especially while deployed.

'Balad, Iraq, was an eye open-

er for me," Chargualaf said. "You see what you normally don't see within a clinic. It's the real stuff that you see on television. [It's] gruesome at times, but it teaches vou to become a more knowledgeable tech and the experience is great.'





Routine Work: Staff Sgt. Aisha Toston, 36th Medical Group noncommissioned officer in charge of radiology, takes a hand series of Tech. Sgt. Andrea Inmon's, 36th Mobility Response Group ramp coordinator, injured hand on Andersen Air Force Base July 17. The radiology clinic handles services for about 15 patients per day conducting routine radiographs. (Photo by Airman 1st Class Courtney Witt, 36th Wing Public Affairs)

Air Force to centralize cyber services

By Tech. Sgt. Amaani Lyle Secretary of the Air Force Public Affairs

WASHINGTON — The Air Force Chief of Staff Gen. Norton Schwartz signed a directive memorandum recently granting the Air Force Network Operations commander centralized order-issue authority over the operation, defense, maintenance and control of Air Force networks.

As part of an ongoing servicewide cyber operations transformation, the Air Force will establish a centralized user directory and e-mail service known as ADX that will service all Air Force network users.

The changes will be relatively transparent to most network users, but this migration to centralized services will significantly improve security and efficiency on the Air Force Global Information Grid, officials said.

"Major commands and subordinate commanders will no longer 'own' networks, but will be responsible for their portion of the larger AF-GIG," Schwartz stated in a mass e-mail to Airmen. "Cyber operations reinforce and enable everything we do — our Airmen, civilians and contractors, knowingly or unknowingly, engage daily on the cyber battlefield."

"Our ability to operate in cyberspace is vital to all Air Force missions and our nation's security," said



Brig. Gen. Mark O. Schissler, the cyber operations director. "Implementation of ADX is one building block we must emplace to streamline management and configuration of our network."

Schissler explained that the migration reduces needlessly disparate configurations that hamper efficiency, management and control of the Air Force network.

"ADX will improve our ability to manage user profiles and network access, freeing up vital human resources to focus on other crucial network security tasks," Schissler said.

The most visible changes to Airmen will be the move to a single email address (firstname.lastname@us.af.mil) for the duration of their careers, regardless of the base and organization to which they are assigned.

Air Force Network Operations officials said the process builds on the successes of the "E-mail for Life" program, but also provides users log-on capability to any con-

nected Air Force computer without having to re-register for computer access when they relocate to a new base

"ADX balances resources, accessibility and security — which is good news for Airmen," said Brig. Gen. Ronnie D. Hawkins Jr., director of Infrastructure Delivery in the Office of Warfighting Integration and the chief information officer. "Airmen, Air Force civilians, and even contractors will have one account and the same suite of soft-

ware and network resources accessible from any Air Force base around the world."

Hawkins said the migration is just the beginning of significant progress as the cyber landscape broadens.

"Between the 24-hour technical support from various call centers around the globe, the streamlined security practices, and the better use of resources, this migration marks the onset of a huge step forward for the Air Force," Hawkins said.

Keesler Air Force Base, Miss., is the first base to undergo the transformation with 1,800 out of 5,800 users already transferred.

Over the next 18 months, the complete migration will include approximately 750,000 users at more than 240 locations around the world.

Officials overseeing the migration efforts said base users can prepare for migration by practicing good information management: move old e-mails to a locally stored personal folder, delete unneeded files, and routinely back-up vital files stored on their computer.

For more information concerning ADX, visit the Enterprise IT Initiatives link on the Air Force Portal. ADX specific questions or concerns should be directed to the AFCA/ECSO Enterprise Services Branch, while general AFNetOps specific information is available through the AFCA/ECI AFNETOPS Integration Office.

Essex a success in Talisman Saber '09

By Mass Communication Specialist 2nd Class Greg Johnson

USS Essex Public Affairs

USS ESSEX, At Sea (NNS) — The forward-deployed amphibious assault ship USS Essex (LHD 2) successfully completed exercise Talisman Saber 2009 (TS09) July 25.

During the exercise, Essex collaborated with the Royal Australian Navy (RAN) on various aspects of amphibious warfare, including a full-scale, mock amphibious assault.

"This exercise has always been essential to maintaining a high level of interoperability with the Royal Australian Navy," said Capt. Brent Canady, Essex' commanding officer. "The Sailors of both countries came together once again to demonstrate each country's commitment to our great partnership."

Essex embarked more than 20 RAN sailors for the exercise to enhance cooperation across a range of mission activities, including flight deck operations, well deck operations and meteorological efforts.

"It was a fantastic opportunity to plan and execute amphibious operations with the U.S. Navy and Marines," said RAN Capt. Stephen Woodall, commander, Australian Amphibious Task Group. "The exercise allowed us to better understand how we both operate and the capabilities each of us brings to amphibious operations."

Early in the exercise, Essex Sailors opened the ship's flight deck to Royal Australian Army UH-60L Black Hawk helicopters for a series of deck landing qualifications (DLQ), further improving the cohesion between Aussie pilots and Essex landing signalmen.

Improved Relations

"DLQs help to improve our relationship with the Australian pilots," said Aviation Boatswain's Mate (Handling) 1st Class (AW) Darrio Davis, Essex' flight deck leading petty officer. "It gives us a chance to practice different NATO signals and make sure everyone is on the same page."

Aviation Boatswain's Mate (Handling) Airman Cesar Salinas, an Essex flight deck chock-and-chainman from Los Angeles, helped tie down the helicopters after they landed on Essex' flight deck. The opportunity to work with foreign aircraft during DLQs was extremely educational, he said.

"It's good to get out there and work with some helicopters that I've never seen before," said Salinas. "It's a little different in the way you need to tie them down, so you need to learn quickly and stay alert."

After perfecting their landing techniques with Australian Black Hawks, the Air Department turned their focus to Essex' own arsenal of helicopters and conducted a full-scale, mock amphibious assault. The drill was a collaboration between the 31st Marine Expeditionary Unit's (MEU) Aviation Combat Element (ACE), Assault Craft Unit Five (ACU-5), Detachment Western Pacific, and Beachmaster Unit One (BMU-1). It maximized the

ship's amphibious warfare capabilities, as hundreds of Marines were transported to the beach by landing craft, air cushioned (LCAC) vehicles and CH-53E Sea Stallion, CH-46E Sea Knight and MH-60S Sea Hawk helicopters.

"It was very successful despite difficult weather conditions and a complex, challenging threat environment," said Woodall.

Weather Tests Readiness

Those difficult weather conditions gave Essex and Australian atmospheric scientists something to keep their eyes on as the exercise progressed. While the well deck, flight deck and beach were bustling with activity, these scientists were working to support that activity from Essex' meteorological center (METOC). According to RAN Lt. Michael Jagger, U.S. and Australian weather teams shared more similarities than differences, making for a very productive work environment.

"There aren't many differences because what we do is pretty standard around the world," he said. "We use the same satellites, internet, and we all use computers, it just depends on what region of the world you happen to be in."

The Australians' knowledge of the area proved to be extremely helpful in providing information to TS09 senior coordinators.

"We operated just like we normally would," said Aerographer's Mate 1st Class (AW/SW) Aaron Wimberly. "We combined our routine procedures with their detailed knowledge of the area. Because of that, we had a dynamic, joint forecast everyday for TS09."

That collaboration proved crucial to the success of the mission, said Wimberly.

"Together, we had a joint website with weather updates, radar data and tides and currents to give to LCACs and pilots so they had a better grip on where to land," he said. "Our ability to integrate with the Sailors throughout the ship was a big reason the exercise was so successful. It truly was a team effort."

According to Woodall, the exercise did more than just enhance interoperability, it also brought the people involved closer together on a personal level.

"It was a chance to develop personal relationships that can prove invaluable should we ever be called upon to conduct short-notice contingency operations in the region, such as humanitarian assistance, disaster relief or evacuation operations," said Woodall.

Talisman Saber is a biennial, combined training activity designed to train Australian and U.S. forces in planning and conducting combined operations and help improve combat readiness and interoperability between Australian and U.S. forces.

Essex is the lead ship of the only forward-deployed U.S. Amphibious Ready Group and serves as the flagship for CTF 76, the Navy's only forward-deployed amphibious force commander. Task Force 76 is headquartered at White Beach Naval Facility, Okinawa, Japan, with a detachment in Sasebo, Japan.



Combined Operations: Landing Craft, Air Cushion (LCAC) 10, assigned to Assault Craft Unit (ACU) 5, makes a late-afternoon run to the beach while transporting U.S. Marines and vehicles back to the amphibious assault ship USS Essex (LHD 2). Essex is participating in Talisman Saber 09, a biennial, combined exercise designed to train Australian and U.S. forces in planning and conducting combined operations. (Photo by Mass Communication Specialist 2nd Class Gabriel S. Weber, USS Essex Public Affairs)

FFSC job seminar targets teens

By James Fee

Joint Region Edge Staff

It's summer and many teenagers have time on their hands — time enough to start preparing for the future. Acting on the suggestions of local parents, the Fleet and Family Support Center (FFSC) will run a program, Transitions for Teens, to show local teens how to get a job.

"They heard about the TAP (Transition Assistance Program), the transitional workshop, and they were asking, 'Do we have something for the kids?" said Richard Taitague, program director for FFSC, referring to what parents had asked his co-instructor for the course, Cheryl Pile, FFSC life skills consultant.

TAP is a workshop held periodically by FFSC to teach spouses of military service members skills for attaining employment. Transitions for Teens will teach adolescents many of the same job-seeking ba-

During the course, which will take place in the Teen Center between 12:30-2:30 p.m. Aug. 3, teenagers will learn about the job market and take a career-interest test to discover the job fields for which they are ideally suited. Thereafter they will be taught how to "dress for success," how to fill out an application, and how to interview for a job. Mock job interviews will play a prominent role in the course.

'It's all going to be a fun thing," said Taitague. "It's like a career day."

These skills will prepare the teenagers not just for their future careers but for life events just down the road. "I think a lot of teenagers are starting early and looking for jobs, whether it's summer jobs or to make money throughout the year," said Pile.

"And I also think the same skills that apply for getting jobs are also applicable for when they apply to college: they'll have to go through interviews and writing about their experiences. So I think having that knowledge going into that process is valuable.'

Registration for the workshop is currently underway and the program is already receiving an enthusiastic response.

Word got out and Air Force just called me," Taitague said. "They want to get their teens involved and they're going to bus them down

School Bulletin aims to promote educational activities in the Navy community. If you know of an education-related event that you would like to include, send it to oyaol.ngirairikl@fe.navy.mil or call 339-7113.

Department of Defense Education Activity Office

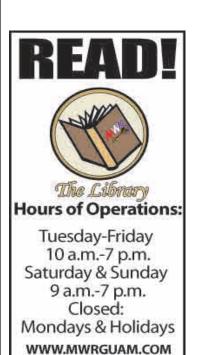
• Newly elected school board members for school year 2009-2010 were announced. Johan Clay and Gloria Mendiola are the newly elected board members. They will join Richard Friend, Timothy Puzan and Kimberly Owens on the board.

Online Help

Visit soarathome.org to get some insight into achieving your child's academic goals. Specifically for military families, the online program tailors learning programs specific to your child's learning needs. The site can also help parents align their child's assignments and tailor their learning to meet their home state's academic requirements.

Phone Numbers

- Andersen Middle School: 366-3880/5973
- Andersen Elementary School: 366-1511
- Commander William C. Mc-Cool Elementary/Middle School: 339-8678
- Guam High School: 344-7410/1
- Department of Defense Education Activity office: 344-9160





Supersoaker: Capt. Gerard Baleto of the Guam Army National Guard gets soaked by Camp Freedom kids during a water day activity. The camp was held July 6-10, 13-17 on Fort Juan Muna. (Photo courtesy of Capt. Ken Ola)

Camp Freedom pushes healthy, drug-free lifestyle

By Capt. Ken Ola

U.S. Army National Guard kenneth.ola@ng.army.mil

Children of Guam National Guard Soldiers and Airmen, some of whom are deployed, spent a couple of weeks to just relax and have fun at the Guam National Guard's Camp Freedom held last July 6-10 and July 13-17 on Fort Juan Muna, Harmon.

The children, aging in range from 5 to 16, were treated to a variety of activities that kept them busy having fun and tired at the end of the day. The camp participants and staff were also able to put in some community volunteer time by conducting a cleanup day at Skinner Plaza in Agana, and painting two bus stops along Route 8 in Maite.

The activities in the first week included a Customs Maritime display featuring jet skis and other customs equipment; field trips to the USO in Tumon, the Foremost production facilities, the Andersen Air Force Base (AAFB) fire department; and bowling at the AAFB lanes.

On the second week, the dependents were treated to trips to Micronesia Mall and a ride on the Atlantis Submarines. Aside from field trips, they had arts and crafts, visits by the Customs Drug Detection Dog Unit and the Air Force Military Working Dogs.

Nearly 100 kids showed up each day, according to Capt. Gerard Baleto, of the Guam National Guard's Counter Narcotics Program.

"Field trips were always a great treat for the kids, especially the Jungle Riverboat cruise, and Atlantis Submarine," Baleto said.

Camp Freedom coordinators hope to continue to build on this year's camp and add a few more activities next year.

"We hope to sustain fieldtrips if resources permit. Additionally, I envision a camp out at the beach at the end of the first week," Baleto added.

The one improvement he would like to see is in getting the word out about the camp to all the Soldiers and Airmen, along with their families.

"I would like to see more effective information flow to Soldiers and Airmen. This year we received

numerous late registrations," from all ranks, he said. He hopes that next year, families would turn in registration early, which would help the organizers better plan for resources.

Eleven teenagers, also dependents of military members, volunteered to help out at the camp. Baleto said at least 10 children at the camp had parents who were deployed.

"This year's Camp was very aggressive as far as activity distribution to ensure we promoted techniques for healthy and drug-free lifestyle. Proper nutrition scheduling, such as snacks and lunches, proved effective when coupled with team building and sporting activities. We also introduced the Judiciary of Guam's "Play by the Rules" curriculum in which Local and federal laws and the consequences, if broken, were taught," Baleto added.

Among the major contributors to the camp were the Guam National Guard Family Programs Office, the Counterdrug Program, and The Order of the Purple Heart, Guam

Baleto said he and his staff are looking forward to planning next year's camp.

"The Guam National Guard Counterdrug Program takes much pride in all that we do to help promote the organization as the most professional organization on the island and in the nation," Baleto said. "The Soldiers and Airmen of this program sacrifice so much to ensure whatever mission they are tasked with is accomplished to a higher standard than that of what is expected of them. They have proven time and time again that they are the top performers from their parent units, being able to multi-task their dual careers and still maintain a healthy family.'

He also wanted to thank Maj. Jesse Pendon and the Guam National Guard Family Programs Office for providing the financial and personnel support to the camp, and key leaders of the Guam Air National Guard that provided the NCOs to help for a three week period.

"These personnel proved to be some of the most professional, reliable, and hardworking," he said.



pertection Unit first sergeant and Team Barksdrinking glasses were given to par-

ourteen teams competed in an annual grill off held by agencies in the quality of life community at the Defense Commissary Agency parking lot on U.S. Naval Base Guam July 18.

Teams representing servicemem-

bers from the Air Force, Navy, Coast Guard, Army National Guard and Air National Guard, as well as civilians from Morale, Welfare and Recreation, National Oceanic and Atmospheric Administration and the Naval Exchange (NEX) participated to see who could prepare and barbeque the best chicken quarters, rib eye steak and pork ribs. Two other categories included best side dish as Brisket: Airmen from Team well best in show.

"The first grill off was Andersen Air Force Base, very well received, and there was a line of the chicken took second there was a call to repeat they are preparing for com-Main Store manager. "What we are trying to d we are trying to do, especially with regionalization,

is bring together the entire military community, on Guam, to take part in an activity that everyone can enjoy. We hope that the event provided ample opportunity for everyone to meet people from other branches of the military in a very casual and comfortable atmosphere.'

Teams who participated in the event were provided with meat from the commissary to prepare and handouts including T-shirts and

ticipants.

"Last year a few people within the quality of life community started talking about coming together to hold events," Evans said. "The idea is that we can do events individual-

ly, but if we each bring our resources together and cooperate, we can make the events much better, so we formed the All-Star Team and gave it a try. The primary players have been the NEX, DeCA, Fleet and Family Readiness Program and MWR."

Team Barksdale, a four-man team, competed Barksdale, deployed to in each of the categories and place for best pork ribs. The team is deployed to An-

> Base (AFB), Guam, from Barksdale AFB, La., to support the Pacific Command commander's Continuous Bomber Presence in the Asia-Pacific region.

"This was a great opportunity to have a good time and take a break from the mission to meet other servicemembers and see what the grilling competition is like," said Master Sgt. Jason J. Weaver, 96th Expeditionary Aircraft Maintenance dale captain.

The Spartans, an additional team from Andersen AFB, took third place for the best side dish category. The members are also deployed from Barksdale AFB supporting the

36th Operations Support Squadron. "The event was fun," said Staff Sgt. Timothy Navarre, 36th Opera-

tions Supp o r t Squadron aircrew flight equipment technician. "We had a good time to be able to spend with the guys outside of work.

C o a s t **Guard Petty** Officer 2nd Class Monique Genereux, a boatswains mate, and her

competition. Southern Naval Base Guam July 18. Comfort, a Navy team from the

USS Frank Cable, placed third in the best pork ribs category. The team included hull technicians Hull Technician 1st Class (SW) Jacob Edwards and Hull Technician 1st Class (SW) Santos Cordero.

"We liked the idea of being able to get together and cookout," said Cordero.

The contestants were not the only joint participants. Judges for the competition were military and civilian leaders from the region including Joint Region Marianas, Naval Base Guam, USS Frank Cable, An-

dersen AFB, Station Apra Harbor, Guam National Guard, MWR and NEX Guam.

"We truly were able to bring the Guam military community together," Evans said. "Guam is a great place to fire up a grill, grab a beverage and have some good food with good friends even if you just met. We hope that is what everyone was able to do, and we hope everyone had a good time."

In one year, the Naval Base Guam ing Station Apra Brisket: Master Sgt. Jeffrey quality of life agen-Harbor placed Jamison, 36th Operations Support cies have held a second for best side dish in the side dish in the superintendent, checks on a brisket show, a back to superintendent, checks on a brisket show, a back to while competing in the grill off at school fashion fishing derbies, a children's fishing

derby and a fitness event.

The base is expected to have another back to school fashion show and a wine tasting event soon.

> By Staff Sgt. Jennifer Redente 36th Wing Public Affairs

WINNERS

BEST IN SHOW**

You Kill It, We Grill It Air National Guard (254 CC) Denise Perez

*Their chicken dish had the highest score of the event.

STEAK

1st: You Kill It, We Grill It Air National Guard (254 CC), **Denise Perez**

2nd: Smokin' Mo's From Yigo U.S. Air Force (Ret) John Bouchard

3rd: NAWMU1 Naval Mag, Charles Jordan

CHICKEN

1st: You Kill It, We Grill It Air National Guard (254 CC); **Denise Perez**

2nd: EODMU5 EODMU5; Steve Crozier

3rd: NAWMU1 Naval Mag; Charles Jordan

1st: Smokin' Mo's From Yigo USAF(Ret) John Bouchard

2nd: Team Barksdale USAF(36th EAMXS), John Moody

3rd: Southern Comfort USS Frank Cable, Chris Hick-

Side Dish

1st: Who's NEX **NEX, Daniel Oliva**

2nd: Station Apra Harbor USCG, Monique Jenereux

3rd: Spartans USAF (36th OSS), Jefferey Jamison

Judges

- Rear Adm. Douglas Biesel, Joint Region Marianas commander
- Capt. Scott Galbreaith. Naval Base Guam commanding officer
- Cmdr. Kevin Gillam, Naval **Base Guam executive officer**
- Master Chief Robert Burton, Naval Base Guam command master chief
- Master Chief Pete Kosloski, USS Frank Cable command master chief
- Col. Alan Wieder, 36th Mission Support Group com-
- Chief Master Sgt. Saniford Andree, 36th Wing command chief master sergeant
- Chief Master Sgt. Th Collins, 36th Mission Support **Group superintendent**
- OSCS David Kolstedt, USCG command senior chief ■ Maj. Gen. Donald Goldhorn, Guam National Guard adju-
- Mr. Phil Harrison, NEX Guam District, district vice president

tant general

■ Mr. Dan Barnthouse, MWR Guam



FRIDAY, JULY 31

7 p.m.: The Proposal • PG-13

SATURDAY, Aug. 1

2 p.m.: The Proposal • PG-13 7 p.m.: My Sisters' Keeper • PG-13

SUNDAY, AUG. 2

7 p.m.: My Sisters' Keeper

• PG-13

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. The Meehan Theater hotline is 366-1523.



FRIDAY, JULY 31

7 p.m.: Transformers 2• PG-13

9:30 p.m.: My Life In Ruins• PG-13

SATURDAY, AUG. 1

1 p.m.: Imagine That• PG 3:30 p.m.: Land of the Lost • PG-13

7 p.m.: Night at the Museum
• PG-13

SUNDAY, Aug. 2

1 p.m.: Transformers 2 ● PG-13

3:30 p.m.: My Sister's Keeper • PG-13

7 p.m.: The Taking of Pelham 123 • R

The schedule is subject to change due to circumstances beyond the theater's control. The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.



HOURS OF OPERATION:
Bar Hours
Fri/Sat: 2 p.m. to 11 p.m.
Sun: 2 p.m. to 8 p.m.
Food service starts at 5 p.m.

Phone: (671) 653-9814 Located at Tarague Beach



www.36thservices.com

End of the Summer at Top o' the Mar

August 29th \$10 Per Person

1800-2100 or check us online at www.mwrguam.com

FREE

- Watch a movie for free at The Big Screen Theater July 30. For more information, call 564-1830.
- Check out a variety of arts, crafts and other goods for sale every Tuesday night at the Agat Mayor's office, starting 7 p.m. For more information, call 565-2524/31.
- Story Time is Fun Time. Bring your children to Andersen Library's weekly Story time at either 10:30 a.m. or 3 p.m. There will be stories and a craft project. 366-4291.

UNDER \$10

- Bring your car to race or check out the other blazing fast drivers every
 Friday at the Street
 Night Drag Racing
 event at Guam
 International
 Raceway in Yigo 711 p.m. Cost is \$5 to join
 and \$2 per additional pass.
 Spectators can watch for \$1. For more information, visit
 www.dragguam.com or call 6887801.
- Explore Guam with Rec N'
 Crew and Department of Parks
 and Recreation as they hike to
 Mt. Tenjo Aug. 1. The hike can
 take several hours to complete.
 Bring at least three quarts of
 water, hiking and swimming
 gear, sun screen, insect repellent and lunch. Cost is \$2 for
 hikers over 12 years old or \$5
 with Rec N' Crew
 transportation.Show at Rec-NCrew at 8:15 a.m. Go: 8:30 a.m.
 564-1826.
- Jump Rope classes at Island Girl Power Club House from 5:30-7 p.m. each Tuesday. Learn single, long rope, partner skills and double Dutch. Registration fee is \$5 per person per month. Jump ropers age 7 and up are welcome. Call 637-3011/688-4752 or visit online them at www.islandgirlpower.com.
- Snorkeling Trip Aug. 1. Van leaves the Single Sailor Sanctuary at 10 a.m. Open to all Active Duty Single Sailors & Geo Bachelors only. 564-2280.
- Kayaking Trip Aug. 1. Van leaves the Single Sailor Sanctuary at 10 a.m. Open to all Active Duty Single Sailor and Geo Bachelors only. 564-2280.

\$10 AND OVER

- Kayak Merizo Pier to Bile Bay July 30. Fee is \$15 Single Kayak / \$25 Double Kayak (Includes water &trail bars only). Show at Rec-N-Crew at noon. Go: 12:30 p.m. 564-1826.
- Purchase your tickets for the All Star International Wine Tour. Event set for 6-9 p.m. Aug. 1 at Top o'the Mar. Tickets at \$20 per person. 564-1851.
- Sunday Brunch at Top o' the Mar, from 10:30 a.m.-1:30 p.m. \$20.95 Adults/ \$10.95 (5-11yrs.). 472-4606/7.
- Sunday Brunch at Top o'the Mar, from 10:30-1:30 a.m. \$20.95 Adults/ \$10.95 Child (5-11 yrs.). 472-4606/7.
- Underwater World Guided Tour on activity on Coral Health July
 - 30. Fee is \$11.50 Adults (12 & up). \$6 Child (3-11). Show at Rec-N-Crew at noon. Go: 12:15 p.m. 564-1826.
- Typhoonz Back Patio BBQ, July 31. Grilled Hot Dogs, 6-9 p.m. 564-1833.
- Underwater World Trip Shark Fees & Behind the scenes tour July 31. Fee is \$11.50 Adults (12 yrs. & up). \$6 Child (3-11). Show at Rec-N-Crew: 9 a.m. Go: 9:15 a.m. 564-1826.
- South Side Island Tour Aug. 1. Departure from AAFB Outdoor Recreation is at 8 a.m. Fee is \$10. Bring money for lunch at Jeff's Pirates Cove. 366-5204/5197.
- Trip to Tarza Water Park Aug.

 1. Purchase tickets at Tickets,
 Travel & Tours located in Bldg
 SB1. Show at Rec-N-Crew at 10
 a.m. Go: 10:15 a.m. Sign up
 deadline is 1 p.m. July 31. 564-
- Mongolian BBQ Aug. 5 at Café Latte, from 5:30-7:30 p.m. Take out orders available. 366-6166.
- Fajita Night at Top of the Rock in Café Latte, every Tuesday from 5:30-7:30 p.m. Make them the way you like it. 366-6166.
- Family Fun Night July 31 at Bamboo Willie's, beginning at 5:30 p.m. 366-6166.

ARTS & CRAFTS CLASSES

■ Wreath Making Class at the Andersen Arts & Crafts Center, from 10:30am-12:30pm. Aug. 1 Class fee is \$30 and includes all materials. 366-4248.

Still Moments



Going Away: Rear Adm. Bill French, center, outgoing commander for Joint Region Marianas, poses with his team after his change of command ceremony July 17 at Guam High School. From left, are: Chief Yeoman (SW/AW) Nate Roundy; Lt. Cmdr. Kevin Barnett; French; Lt. Wayne Fitts; Chief Culinary Specialist Manuelito Aquino. (Photo by Jesse Leon Guerrero, Joint Region Edge)

Quality Award: Wayne Cornell, right, project director for DZSP 21, presents the company's first quality award to Villa, who Moses works with Annex 1607, during a small ceremony on U.S. Naval Base Guam July 20. The monthly presentation is part of company's employee recognition program to reward workers who have made their mark with the base support company. (Photo by Arleen Mad, Joint





Still Moments is open to all active-duty military and DOD/DOT/DoDEA personnel, military contractors, and military retirees. Please ensure you are submitting photographs that you have the right to permit Joint Region Edge to publish. Email photos to Public Affairs Director Theresa Merto-Cepeda at theresa.cepeda@fe.navy.mil.

Explore ways to delve deeper into faith

By Capt. David Leonard

Region Edge)

36th Wing Andersen Air Force Base Have you ever heard: "Saw the movie, got the T-shirt to prove it."

This statement seems to embody the care-free attitude of our current generation. Unfortunately it also describes an all-too-common approach

It is not strange for a person to consider memserves spiritual, attend a faith community on occasion, and define themselves as "faithful."

The question, however, remains: What do you do when the rubber meets the road? How will your faith sustain you in crisis? How consistently does your life reflect the morality and practice of your beliefs? Faith, to be real, has to go deeper than a label, or a culture that you affiliate with. It isn't enough to attend a worship service and then walk out the doors only to live a life

inconsistent with your beliefs.

Unfortunately, many have quit believing entirely, because of the hypocrisy they witnessed from the so-called "faithful."

Real faith means that you don't

define yourself merely by the group you affiliate with. Real faith changes your heart. True heart change defines every other decision that follows.

Real faith af-

fects work ethic, relationships, and entertainment choices. Real faith comes not from a codified set of expectations, but from a sincere desire to please God.

For some, faith amounts to little more than lip service to God and worship attendance.

I think faith can be so much more. There are some great ways to go deeper with your faith.

Begin to volunteer. Serve others in your faith group. Give more than

you take. Look for ways to reach out to the poor, the broken and the needy of your community. Find a spiritual director (mentor). Ask someone you respect to help you target areas of personal growth.

Read devotional literature. Sometimes

reading the struggles and victories of others serves to spark deep personal change. Look to your scriptures for direction when it comes to knowing who God is.

For me, the Bible is still the primary source for my faith and prac-

tice. Listen for God's voice patiently. Sometimes you have to really slow down to hear his prompting. Finally, have an attitude of humility when confronted with change.

Don't forget; real change is painful and it takes time.

Real faith is where our weak human nature is completed by a loving all-powerful God.

The deeper you grow in your faith — the more visible is the change in your life.

I have met people from my own past who have refused to believe that I could be the same person they knew 20 years ago.

To them, it's amazing that God can change a person that radically. Real faith is proven by visible change when a life is fully surrendered to God.

(Capt. David Leonard is a chaplain with 36th Wing Public Affair)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass

Monday-Wednesday, Friday 11:40 a.m. Weekday Mass Saturday, 5:30 p.m. Mass Sunday, 9 a.m. Mass CCD Sunday, 10:15 a.m. Choir Practice Wednesdays, 6 p.m.

Protestant Worship Service

Sunday, 10:30 a.m. Protestant Sunday School Sunday, 9 a.m.

Women's Bible Studies

first & third Wednesday 8:30 a.m.

Women's Studies

Second & fourth Wednesdays, 6:30 p.m.

Choir Practice

Tuesdays, 6 p.m.

Jewish Shabbat Fridays, 6:30 p.m.

Naval Hospital Guam Roman Catholic Mass

Sunday, 9 a.m. Monday-Friday, 11:30 a.m. Sunday, 10:30 a.m.

Andersen Air Force

Roman Catholic Mass

Chapel 1 Saturday, 5 p.m. Sunday, 9:30 a.m.

Sunday Protestant

Worship Chapel 2

General Worship 9 a.m Inspirational Gospel 11:30

Sunday Religious Education

Chapel 2 Catholic R.E., 8 a.m. Protestant R.E., 10:30 a.m.

Schedules subject to change without notice. To confirm times or for more information about the programs, call the chapels at the following numbers:

Andersen Air Force Base 366-6139

Naval Base Guam 339-2126

Naval Hospital Guam 344-9127

CLASSIFIEDS

Community: Kids skate through summer camp

Continued from Page 22

ed most about the skate camp are the tips and tricks they learned from Des Autels and Capudona.

"They were like the best skaters I've ever seen," Cote said. "And I learned so much from them... I think I'm a much better skater because they gave me all these tips to help me do my tricks better. They're just really awesome and I hope they come again."

Wolfe said he also like that he met other skateboarders.

"I might not have talked to some of the kids who were in the camp if I saw them at school, but now that I know they like skateboarding too,

it'll be cool to hang out," Wolfe said. "Tony and Doug taught us how to be a skate-board community and I like that because we can hang out and skate together, and share tricks and ideas and become better skaters — I'm so glad I signed up for camp."

Time Out: Participants in the Skateboard Camp, sponsored by Navy Morale, Welfare and Recreation, pose for a quick photo between lessons at the skate park on U.S. Naval Base Guam. The camp was held July 13-17 and offered lessons from two semi-pro skaters, Anthony Capudona and Doug Des Autels. (Photo courtesy of Alexa Olson)



The following is a list of activities offered through Charles King Gym (CKG).

Aerobics and fitness classes schedule: Check out mwrguam.com.

RUNNING CLUB

- Personal trainer Package: First hour-long session is free; one session is \$30; Three sessions is \$87; Six sessions is \$168. Nine sessions is \$243; 12 sessions is \$312
- Stroller Stride: Meets every Monday, Wednesday and Friday for 60 minutes of walking and resistance training. Class is free.

Meet at CKG at 8 a.m.

GOLF LESSONS

■ Summer Jr. Golf Clinics. Open to ages 6-17yrs. Old. Session 4 — Instruction based on age & ability level. Register at MWR Main Office by Aug. 3. 344-5838.

SNORKELING

- Kayak & Snorkel Family Beach to RNC office (Medium). July 30 Fee is \$15 single kayak/ \$25 double kayak. Show at Rec-N-Crew at 8:30 a.m. Go: 9 a.m. Bring your own gear or rent at RNC at additional cost.
- Snorkeling Trip Aug. 1. Van leaves the Single Sailor Sanctuary

Sports shorts

at 10 a.m. Open to all Active Duty Single Sailors & Geo Bachelors only. 564-2280.

YOUTH SPORTS

■ Sports & Athletic Club w/ Lesley & Stephanie, Tuesdays & Thursdays. 4yrs - 6yrs: 1-1:45pm; 7 - 10yrs: 2-3pm. \$40 per month. Ongoing registration. Class teaches students, sports fundamentals & increase physical fitness

LATIN DANCING

■ Latin Dance, \$160 per couple for 8 sessions. \$100 per individual for 8 sessions. Every Tuesday and Thursday at Typhoonz, from 6:30-7:30 p.m.

Learn Salsa, Merengue, Bachata, Cumbias, and more. 564-1851.

The following is a list of activities for Andersen.

YOUTH MARTIAL ARTS CLASSES

Youth Programs now offers Martial Arts classes. Here's the schedule and fees:

- Tuesday & Thursday 2:30-3:00 p.m. for ages 5-6, \$40 a month
- Tuesday & Thursday 3:30-4:30 p.m. for ages 7-13, \$60 a month Call 366-3490.

TENNIS LESSONS

■ Tennis Lessons Available. Coral

Reef Fitness Center has a new Tennis Pro offering various instructional sessions for various age groups and skill levels.Private/group lessons also available. 488-1690.

BOWLING

■ Cosmic Bowling. July 31 Enjoy bowling with a glow-in-the-dark cosmic atmosphere every Saturday night from 7-10 p.m. at Andersen's Gecko Lanes Bowling Center. 366-5117.

HOTSPOT

■ Rainbow Six Vegas 2 July 31, beginning at 7 p.m. at the Hotspot. 366-2339.

Grabbing Air: Kids participating in the Skateboard Camp offered on U.S. Naval Base Guam showcase a few of their tricks. (Photos courtesy of Alexa Olson and Justin Lentz.

FINALF

By Oyaol Ngirairikl
Joint Region Edge Staff
oyaol.ngirairikl@fe.navy.mil

"Cool," said Joshua Cote as he watched his friend Elias Wolfe jump off a quarter pipe, reach behind and grab the heel edge of his skateboard to complete a stale fish.

"I'm still learning how to do that one," said Wolfe as he jumped off his board to have a seat in the shade, taking in the congratulations from Cote and other friends after Skateboard Camp July 17.

From finding their balance on a board to perfecting their Ollie, Cote, Wolfe and more than a dozen U.S. Naval Base Guam children learned skateboarding basics and then some during the camp, which was sponsored by Navy Morale, Welfare and Recreation (MWR).

"It was something we put together for the kids in our community who love to skateboard or who wanted to learn how to skateboard," said Stacey Neill, MWR fitness assistant.

The camp was taught by Anthony Capudona and Doug Des Autels who both grew up skateboarding in California, albeit in different neighborhoods. Between the two of them, they brought more than 30 years of skating experience to the local scene.

"It's been a lot of fun," said Capudona, noting that the weeklong camp on Naval Base Guam had been well attended. "We met some kids out here who are really talented and they can do different tricks so we just gave them tips so they can do the tricks better or learn new tricks."

Capudona said other kids were just starting to learn skateboarding.

"It was fun because we had all levels of skateboarders here so what ended up happening was a lot of the kids who knew what they were doing would help the kids newer to the sport," he said.

And make no mistake about it, skateboarding is a sport that requires flexibility, strength, balance and practice.

"It's like any other sport, it requires time, dedication and a lot of hard work," Des Autels said. "You can't just get on a board and do an Ollie."

The duo said the industry is more mainstream today than it was when they were younger, saying programs like ESPN's X Games and pro-skaters like Tony Hawk have helped make skateboarding more popular and more widely accepted.

"I think it's also because today, you have people who grew up skateboarding, whether it was because, like me they used the skateboard to get from one place to



another when they were kids – I mean it beat walking – or they were into doing the tricks," Des Autels said. "These skateboarders of the 70's and 80's are now parents and they understand that skateboarding is a lot of fun, it's healthy for kids because it gets them off the couch getting fresh air and getting exercise."

Capudona added that skateboarding has become a world wide sport, and kids that skateboard can find like-minded kids in just about any community around the world.

Safety

Maureen Cote said her son raved everyday after camp about how much fun he was having.

"He would talk about all these tricks he'd seen Doug and Tony do, and how he was practicing so he could be as good as them," she said. "But what I liked about it was that they were showing the kids how to be safe. I mean, I know they're going to fall, that's just the way it is with any sport.

But Josh would come home and say one of the kids go in trouble because they would-n't strap their helmet properly. And that made me feel good because these guys are so respected and liked by the kids, they're going to listen."

Des Autels echoed Maureen Cote, noting that falling is inevitable, especially when "you're learning a new trick."

There are things you can do, like wearing a helmet, or learning how to fall properly so you don't get hurt when you fall, that are important to learn.



Life Lessons

Des Autels also noted that the skateboarding teaches kids to persevere.

"If you didn't get the trick the first time, keep doing it, keep at it because you'll get it eventually," he said. "And that sort of perseverance and determination to see something through is a skill they can apply to other areas of their lives, like school, and help them succeed."

And while Joshua Cote and

Elias Wolfe will likely learn that lesson as they get older, what they appreciat-

See COMMUNITY, Page 22